

ALL SOULS CATHOLIC PARISH

3010 RIDGE ROAD, LANSING IL | 708.895.6700 | WWW.ALLSOULSCATHOLICPARISH.ORG

SUNDAY, APRIL 30, 2023

4TH SUNDAY OF EASTER

600

"Whoever enters through the gate is the shepherd of the sheep. The gatekeeper opens it for him, and the sheep hear his voice, as the shepherd calls his own sheep by name and leads them out." - Jn 10:2-3



April 30, 2023

All Souls Catholic Parish

The Communities of St. Ann, St. James, & St. John Reverend Mark Kalema, Pastor Reverend Joseph Kaye, Resident Priest

St. Ann Church & Parish Office

3010 Ridge Road, Lansing 708.895-6700/708-895-6877 (Fax) **Office Hours**

Monday-Thursday: 8:00 a.m. - 4:00 p.m. Friday: 8:00 a.m. - 3:00 p.m. Saturday/Sunday: Closed

St. James Adoration Chapel

22400 Torrence Avenue, Sauk Village Monday - Saturday: 9:00 a.m. - 4:00 p.m. Wednesday: 9:00 a.m. - 9:00 p.m.

Mass Schedule

All Masses are at St. Ann

Tuesday-Friday Morning Masses

7:30 a.m.

Followed by Rosary on Wednesdays

Saturday Mass

4:00 p.m.

Sunday Masses

8:30 & 10:30 a.m.

Confessions

3:00 p.m. Saturdays

www.allsoulscatholicparish.org

Parish email: office@allsoulscatholicparish.org
Fr. Mark's email: frmark@allsoulscatholicparish.org
Business Manager: jsummerrise@allsoulscatholicparish.org
Bulletin email: jgray@allsoulscatholicparish.org

Prayer Tree: debndnut@aol.com

Religious Ed. email: sbustamante@allsoulscatholicparish.org

Religious Ed. Office: 708-895-6700 x135 St. Vincent DePaul: 708-745-4760

Fr. Joseph's email: jkaye@archchicago.org

Please call the office:

- for baptism (2nd & 4th Sundays), marriage, anointing of the sick, quinceañeras, and RCIA/ RCIY
- for Ministry of Care to the homebound or hospitalized
- to request prayers for the sick
- if you are grieving for a loved one

Subscribe to the bulletin and have it delivered to your email: www.parishesonline.com/organization/all-souls-catholic-parish-60438

Automate Your Weekly and Other Giving at www.givecentral.org

Click "Find Your Charity" and search for All Souls Catholic Parish, visit **givecentral.org/location/100** or scan the handy QR code here.





In these difficult economic times, know that the St. Vincent de Paul Society of St. Ann is here to assist you in your time of need. All information is kept confidential. Please do not wait until matters become insurmountable. Please call 708 -745-4760.

New Members Welcome!

We would love to have you join us! Please fill out the information below, and place in the Offertory Collection or send to the Parish Office. You may also request a registration form at 708-895-6700 or register on our website at >About >Becoming a Parishioner

Name		
Address		
	Street	Town/Zip
Phone _		
email		

Once you register and have a number assigned, you will be able to receive envelopes and play the weekly 50/50.

Mass Intentions

Monday, May 1

(St. Joseph the Worker)

Tuesday, May 2 (St. Athanasius)

7:30 a.m. Mass † For the Sick

† Joseph W. Grabarek

Wednesday, May 3 (St. Philip; St. James)

7:30 a.m. Mass

† People of the Parish Thursday, May 4

(National Day of Prayer)

7:30 a.m. Mass

† People of the Parish

Friday, May 5 7:30 a.m. Mass

† People of the Parish

Saturday, May 6 4:00 p.m. Mass

† People of the Parish

Sunday, May 7

(Fifth Sunday of Easter)

8:30 a.m. Mass

† Diane Abbott (Abbott Family)

10:30 a.m. Mass

† Bruce Faierson (Knoerzer Family)

† George Siminski (M/M M. Arnholz)

The 2023 Mass Book is open for your special intentions. Please call the office FMI or to schedule Mass intentions.



For parish updates, please visit the website & click on the Calendar tab.

Readings for the Week

Sunday: Acts 2:14a, 36-41/Ps 23:1

-3a, 3b-4, 5, 6 (1)/1 Pt 2:20b-25/Jn 10:1-10

Monday: Acts 11:1-18/Ps 42:2-3;

43:3, 4/Jn 10:11-18

Tuesday: Acts 11:19-26/Ps 87:1b-3,

4-5, 6-7/Jn 10:22-30

Wednesday: 1 Cor 15:1-8/Ps 19:2-3, 4-

5/Jn 14:6-14

Thursday: Acts 13:13-25/Ps 89:2-3,

21-22, 25 and 27/Jn 13:16

-20

Friday: Acts 13:26-33/Ps 2:6-7, 8-

9, 10-11ab/Jn 14:1-6

Saturday: Acts 13:44-52/Ps 98:1, 2-

3ab, 3cd-4/Jn 14:7-14

Next Sunday: Acts 6:1-7/Ps 33:1-2, 4-5, 18-19 (22)/1 Pt 2:4-9/Jn

14:1-12

This Week's Activities

Monday, May 1

Rosary 8:00am St. Ann Chapel Adoration 9:00am - 4:00pm St. James Chapel Religious Education 4:00 - 5:30pm School Building

Tuesday, May 2

Daily Mass Followed by Rosary 7:30am Chapel

Adoration 9:00am - 4:00pm St. James Chapel 10:00am - Noon St. James

Wednesday, May 3

Daily Mass Followed by Rosary7:30amChapelAdoration9:00am - 9:00pmSt. James ChapelSewing Club9:30amParish OfficeA.A. Meeting8:00pmSchool Hall

Thursday, May 4 NATIONAL DAY OF PRAYER

Daily Mass/Divine Mercy Chaplet7:30amChapelAdoration9:00am - 4:00pmSt. James ChapelTOPS Meeting6:00pmParish OfficeSharing the Scripture7:00pmParish Office

Friday, May 5

Daily Mass Followed by Rosary 7:30am Church Adoration 9:00am St. James

Saturday, May 6 GOOD NEIGHBOR DAY

Adoration	9:00am	Parish Office
Legion of Mary (Spanish)	10:00am	Parish Office
First Reconciliation	10:00am	Church
First Communion Rehearsal	11:00am	Church
Confessions	3:00pm	Chapel
Mass Followed by Rosary	4:00pm	Church
K of C Membership Drive	5:00pm	Narthex

Sunday, May 7

Masses8:30 & 10:30amChurchReligious Education8:45 - 10:15amSchool BuildingK of C Membership Drive9:30 & 11:30amNarthex

ST. VINCENT DE PAUL



As you clean out your closets this spring, would you mind setting aside your clothing donations for our clothing drive to benefit St. Vincent de Paul? We will collect them in the parking lot on

MAY 19 & 20

Thank you!

Please do not bring any donations before the dates above. We cannot accept them in Church or at the Parish Office, only at the collection trailer in the parking lot. Thank you!



Fourth Sunday of Easter: Christ the Good Shepherd (John 10:1-21)

Today's readings on this fourth Sunday of Easter offer us a glimpse into the heart of our loving Savior. He is the Good Shepherd, and we can confidently place our trust in Him as we live the stewardship way of life, sharing our gift of life as good shepherds to each other.

In both the first and second readings, we find Peter embracing his role as leader of the newborn Church. In our first reading from Acts, he exhorts the crowd, "Save yourselves from this corrupt generation." We then read that the ones who accepted his message were baptized that day. Peter simply proposed the Good News to them and then left them free to accept or reject the call to repentance and belief in Christ, which is ultimately a call from God. We can find many parallels in this passage to the call to a stewardship way of life. We, too, are free to accept or reject God's call to discipleship. We can keep our time, talents, and treasure for ourselves, purely to serve our own interests. We are free to make that choice.

Our second reading, again featuring St. Peter, offers further motivation for embracing this way of life. Peter reminds us that Christ, "bore our sins in his body upon the cross." And that, "by his wounds you have been healed. For we had gone astray like sheep but... have now returned to the shepherd and guardian of our souls." Such an incredibly poignant description of the love our Savior has for us and the kind of relationship He desires to have with us — as shepherd and guardian of our souls.

This endearing image of Jesus as shepherd, and His personal love for each one of us, is expanded in our Gospel passage from John, through the words of Jesus Himself. Here we read Jesus' description of Himself as the "Good Shepherd." He says of Himself, "The sheep hear his voice, as the shepherd calls his own sheep by name and leads them out. When he has driven out all his own, he walks ahead of them and the sheep follow him, because they recognize his voice."

This aspect of our Lord's tender and personal love for each one of us is yet another reason to embrace the stewardship way of life — in the offering of our time, talent, and treasure to Him, we can express our gratitude to Him for the incomprehensible love He has for us. Embracing the stewardship way of life certainly requires trust on our part. But Christ has proven Himself worthy of our trust. He "bore our sins in His body." He calls Himself our shepherd and He offers Himself as the guardian of our souls. He has withheld nothing of Himself and His goodness from us. He would never ask anything of us that would bring us harm.

Who needs a shepherd these days? That's a good question. In our gospel text, Jesus asserts, "I am the good shepherd." Sheep are not part of most of our everyday lives today, but the imagery from biblical times is far more than simply a story from the past. Gathering from what I read, a sheep is about the dumbest creature on four legs, a helpless beast when left to itself. It cannot find green pasture by itself; it

must be led there. It cannot sense water, and therefore must be led to it. A sheep strays all over the place. A sheep can't find the way back home by itself. Nor is a sheep prepared to defend itself. It is easy prey for an attacking pack of other animals such as wolves.

Now it doesn't take much imagination to make the transference today, does it? Man, like a sheep, when left to his own nature, is the dumbest thing on two legs. The sheep is a picture of the nature of our spiritual being. Separated from God by our sin, we, too, are dumb, helpless, and hopeless. Left to ourselves, or listening to the false shepherds, we would blindly stray right into the wolfish jaws of hell. Straying from the Father's house we cannot, by ourselves, find our way back to the Father's door. Talk about dumb sheep? Then talk about dumb man! Lost, without a leader, a guide, a way shower. Lost because of sin. Eternally lost! Who needs a shepherd these days? Who else? We do! We need God's "Good Shepherd" very badly, very desperately.

Into our times and into our moments comes the voice of God through his only Son. Look, you lost and hopeless children of the Father, dumb as sheep. I am your shepherd. I came into this world to seek and save you who are lost. I laid down My life for you; you who are as lost as a sheep without a shepherd. Here, you see, is the love and compassion of our Father. A sacrificial love which would send His unblemished Lamb to bleed a way out of sin for us on a cross. One sent by the Father to lead and restore us to the Father's house forever.

And even today, though we may never see a flock of sheep, the Good Shepherd (the guardian of our souls, as Peter called him) is still at work seeking and saving that which is lost. "My sheep hear my voice," Christ stated, "and I know them, and they follow me." Strange. As dumb an animal as a sheep is, did you know it can always recognize its shepherd's distinctive call? Sheep from various flocks might be placed for protection into a common pen during the night. At daybreak the various shepherds would come and call their sheep forth, and miraculously, they could separate themselves into their original flocks, following the voice of their own shepherd.

In our modern times, this illustration still holds true to life. Whose voice is it we heed and follow? Is it Christ, as the Good Shepherd of our lives, or do we heed and follow other voices? God does not call most of us to greatness, but He does call each and all of us to faithfulness. We heed His voice when we get our heads and hearts together, and place our life, our trust, our very being into His good hands. Who needs a shepherd, these days? Why, we do, of course! He came for just such days as are ours. "The Lord is my shepherd," affirmed the psalmist, David. Christ is your Good Shepherd, too. When you heed His voice, you echo with the psalmist, "He restores my soul." You also shout his assurance," surely goodness and mercy shall follow me all the days of my life, and I will dwell in the House of the Lord forever."

Fr. Mark Kalema, Pastor

WEEKLY MONEY

4-16-2023 MATTERS

Online/Give Central: \$ 595.00 Drop Off/Mail In: \$ 6,661.86

\$ 7,256.86

50-50 Club: \$ 525.00 St. Vincent de Paul \$ 796.00 Add't Good Friday \$ 160.00 Add't Easter \$ 1,770.00



Thank you for your continued support!
Figures include all collection basket, mailed-in, dropped-off, and online contributions.

ALL SOULS SPLIT \$ ~ 50/50 CLUB ~ \$

Our April 16 winning number was #1422. #1422 WOULD HAVE WON \$525.00. DON'T MISS OUT ON YOUR CHANCE TO WIN!

To be eligible, both your 50-50 (\$5.00) and weekly collection envelopes (no limit, but at least \$5) with separate payments must be in the parish office by 9:00 a.m. Monday.

You may make your 50-50 donation at Give Central, along with your weekly and other contributions! If you donate by check, you need to write two separate checks.



Today's Readings

First Reading: "Let the whole house of Israel know for certain that God has made both Lord and Christ, this Jesus whom you crucified." (Acts 2:36)

Psalm: The Lord is my shepherd; there is nothing I shall want. (Ps 23)

Second Reading: For you had gone astray like sheep, but you have now returned to the shepherd and guardian of your souls. (1 Pt 2:25)

Gospel: "I am the gate. Whoever enters through me will be saved, and will come in and go out and find pasture." (Jn 10:9)

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- → Please pray for all of those who will be making their sacraments at All Souls/St. Ann over these next few weeks: First Reconciliation on May 6, First Holy Communion on May 13, and Confirmation on May 21.
- ◆ Be sure to stop by the Knights of Columbus membership drive table after Masses this weekend, as they will also be selling raffle tickets.
- → It's time to start spring cleaning! If you could set aside any clothing you would like to purge, the St. Vincent de Paul trailer will be here to collect them Friday, May 19 from 3-5:00p and Saturday, May 20 from 9a-Noon.

ARCHDIOCESE OF CHICAGO



ANNUAL VOCATIONS APPEAL

World Day of Prayer for Vocations Sunday, April 30

We see in Jesus, the Good Shepherd, the heart of every calling. Everyone is called, and everyone has a vocation in the Church. Please pray for an increase in vocations in the Archdiocese of Chicago!

Mass and Adoration with Cardinal Blase Cupich Friday, May 12, 5:30-7 p.m. Holy Name Cathedral

All are invited to pray for vocations and all those who will be ordained.

If you have questions regarding your vocation, please contact Fr. Tim Monahan at 847.531.0148 or tmonahan@archchicago.org.



Miss Me—But Let Me Go
In Loving Memory of
Adrian Heimann

MAY IS THE MONTH OF MARY

WE WILL PRAY THE ROSARY
ALL MONTH LONG AT ST. ANN
EVERY MONDAY THROUGH
FRIDAY AT 8:00 A.M.
(FOLLOWING DAILY MASS
TU-FRI) AND EVERY SATURDAY
AFTER THE 4:00 P.M. MASS.
EVERYONE IS INVITED TO PARTICIPATE.

SHARING THE SCRIPTURE



Thursdays at 7:00 p.m. St. Ann Parish Office 3010 Ridge Road Lansing

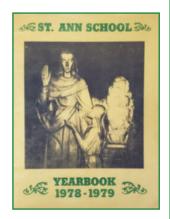
BECOME A MEMBER OF ALL SOULS PARISH

- On our website, go to >About >Becoming a Parishioner (or call the office for a paper form)
- Register so we can welcome you to our community and keep you updated
- Once assigned a parishioner number, you can receive envelopes and play the 50/50

CLASS OF '79 GATHERING JUNE 8

The St. Ann School Class of 1979 is looking forward to getting together with our classmates on Thursday, June 8, 2023. Additional information will be coming soon, and we are also planning a reunion in the fall. Contact

Karen Maravilla by email at itsjustserendipity@att.net or cell at 219-512-4298 (Please text between 9:00 a.m. and 7:00 p.m.) Please provide your first and last name (including maiden name), email, cell phone number, street address, city, state, and zip code. Spread the word to other 1979 classmates and family members. I look forward to hearing from all of you!



WANTED: CANDY DONATIONS FOR THE PARADE!

We will be representing All Souls in the Good Neighbor Day Parade on Saturday,



May 6 and would love to be able to distribute goodies along the parade route. We are seeking donations of individually wrapped melt-resistant candy (non-chocolate). Contributions may be turned in to your Religious Education teachers, brought to the Parish Office, or dropped in the Candy Collection Bin in the Narthex. If you would like to participate in the parade with us, please call the Parish Office and leave your name and number: 708-895-6700. Thank you!





Knights of Columbus Lansing Council 3540 Membership Drive & Raffle, May 6 & 7 In the Narthex After All Masses

Men of the parish, please consider joining our council's Catholic gentlemen to share our core values of charity, unity, fraternity, and patriotism, and enjoy a FREE 12 month membership! Joining takes only five minutes, and can be done after Mass in the Narthex, or from home online using the Knights of Columbus QR Code or by visiting kofc.org/joinus from your home PC. Be sure to include promo code: BLESSEDMCGIVNEY. Feel free to call Martin Liszewski at 708-474-1742 with any questions.

El Consejo Lansing 3540 de Caballeros de Colón llevará a cabo una campaña de membresía en All Souls Parish, St Ann, el lugar de culto el 6 y el 7 de mayo, después de todas las Misas. ¡Membresía GRATIS de 12 meses! Hombres de la parroquia, consideren unirse a los Caballeros católicos de nuestro consejo para compartir nuestros valores fundamentales de caridad, unidad, fraternidad y patriotismo. Unirse toma 5 minutos y se puede hacer después de la Misa en el Narthex, o hacerlo desde su teléfono inteligente o computadora per-

sonal. Vaya al sitio escribiendo: (Unete a los caballeros | Caballeros de Colón). Recuerda incluir el código de descuento promocional: BLESSEDMCGIVNEY. Si tiene alguna pregunta, no dude en llamar a Martin Liszewski al 708-474-1742.



Are You Experiencing Temporary or Long-Term Food Insecurity?

The Lansing Community Food Pantry is here to help. Open to

Lansing residents and non-residents who are members of Lansing churches, **Tuesdays**, 11:00 a.m. - 1:00 p.m. Lansing Assembly Church, 2990 Ridge Road. Please call for an initial appointment: 708.466.9298

There is also a Food Pantry at St. James for registered parishioners and Sauk Village residents, Tuesdays, 10:00 a.m. - 12:00 p.m. St. James Church, 22400 Torrence Avenue. Please call for more information: 708.757.2170

Little Birds of the Field has no residency restrictions, open to all.

Wednesdays, Noon - 2:00 p.m. Holy Praise Tabernacle, 22132 Torrence Avenue, Sauk Village

Upcoming Events

Good Neighbor Day Parade: May 6

First Reconciliation: May 6

K of C Raffle Ticket Sales: May 6-7; June 3-4

First Communion: May 13

May Crowing: May 14

Confirmation: May 21

May 13-14 - June 17-18

All Souls will again participate in the Baby Bottle Project to benefit the Women's Centers of Greater Chicagoland, a

non-profit organization that assists mothers and families experiencing crisis pregnancies by offering emotional, financial, material, and spiritual support through counseling, clothing and monetary provisions, prayer, and other aid. Each year, the Women's Center sees over



5,000 expectant mothers in their three locations, one of which is located at Our Lady of Knock in Calumet City. They estimate to have saved over 40,000 babies and their mothers from abortion since opening in 1984.

Please take a Baby Bottle home with you from the Narthex Mother's Day weekend, May 13-14, fill it with your spare change, and return Father's Day weekend, June 17-18. If you are making a donation by check, please make it payable to The Women's Center. You may also visit GoTWC.org or call 773-794-1313 to donate.

This is a simple but crucial fundraising effort for The Women's Centers. Please note that the baby bottles cost nearly \$1 per bottle and are recycled afterwards, so please be sure to return them at the end of the project. Thank you for helping to defend life, and remember to keep all pro-life undertakings in your prayers.

Lansing Meals on Wheels is in need of volunteers on Tuesdays & Thursdays from 8-11:30 a.m. FMI, please call Barb Dust at 312-969-0385. You will be helping many Lansing Residents who are in need.





Follow us on Instagram! @allsoulsstannlansing

Faith Formation

"And Peter said to them, 'Repent, and be bap- "Y Pedro les dijo: Arrepentíos, y bautícese cada Christ..." Acts 2:38

change our actions. Change that is permanent cado, cambiar nuestras acciones. El cambio que es comes from within. It requires prayer, discipline, permanente viene de adentro. Requiere oración, disand perseverance. Change is also hard. We must ciplina y perseverancia. El cambio también es difírecognize that we are broken and need help. The cil. Tenemos que reconocer que estamos rotos y negood news is we are not alone in our journey. Ask cesitamos ayuda. Las buenas noticias: no estamos Jesus daily for guidance and patiently listen for His solos en nuestro viaje. Pídele a Jesús diariamente response.

Vocations:

We are celebrating the fourth Sunday of Easter, al- Estamos celebrando el cuarto domingo de Pascua, Kingdom of Heaven.

He gives Himself as nourishment in the sacrament Se da como alimento en el sacramento de la Eucaguides His people carefully.

Jesus has procured for His Church shepherds ac- Jesús ha procurado para su Iglesia pastores según strength.

our pastors Fr. Mark and Fr. Joseph, Pope Francis, Archbishop Cupich and our Bishop Perry, successors of the apostles, and for this, we pray for them.

This is World Day of Prayer for Vocations. The harvest is great, but laborers are few. Pray to God of the harvest to send more laborers into the fields.

Sandra Bustamante, PA/Director of Faith Formation

Formación en la Fe

tized, every one of you, in the name of Jesus uno de vosotros en el nombre de Jesucristo..." Hechos 2:38

The word "repent" means to turn from sin, to La palabra "arrepentirse" significa volverse del peque te guíe y escucha pacientemente Su respuesta.

Vocaciónes:

so called Good Shepherd Sunday. On this Sunday, también llamado Domingo del Buen Pastor. En este the church invites us to pray for the increase in domingo, la iglesia nos invita a orar por el aumento priestly vocations and ask the risen Jesus to pro- de las vocaciones sacerdotales y pedir a Jesús resuvide us with shepherds according to His heart; let's citado que nos provea de pastores según su corazón; take a moment to ask the Supreme Shepherd to Tomemos un momento para pedirle al Pastor Sugive us holy and wise priests. Through the shep- premo que nos dé sacerdotes santos y sabios. A traherds, Christ gives His Word, distributes His grace vés de los pastores, Cristo da su Palabra, distribuye in the sacraments, and leads the flock towards the su gracia en los sacramentos y conduce al rebaño hacia el Reino de los Cielos.

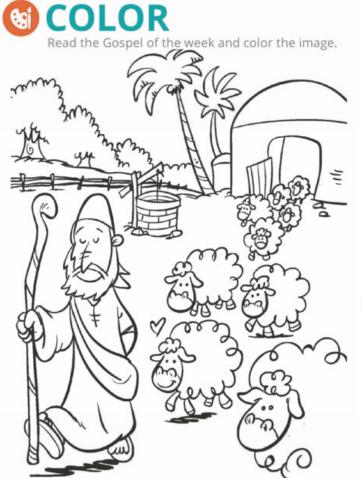
of the Eucharist, imparts the Word of God and ristía, imparte la Palabra de Dios y guía con diligencia a su pueblo.

cording to His heart, that is, men who, through the su corazón, es decir, hombres que, por el sacramensacrament of Holy Orders, represent Him and act to del Orden sacerdotal, lo representen y actúen coas the "in persona Christi," men who give their lives mo "in persona Christi", hombres que dan la vida for their sheep, with pastoral charity, with a hum- por sus ovejas, con caridad pastoral, con un espíritu ble spirit of service, with mercy, patience, and humilde de servicio, con misericordia, paciencia y fortaleza.

As parishioners and Christians, each of us works to Como feligreses y cristianos, cada uno de nosotros make the kingdom of God grow in communion with trabaja para hacer crecer el reino de Dios en comunión con nuestros pastores. Marcos y el P. José, el Papa Francisco, el Arzobispo Cupich y nuestro Obispo Perry, sucesores de los apóstoles, y por esto oramos por ellos.

> Esta es la Jornada Mundial de Oración por las Vocaciones. La mies es mucha, pero los obreros son pocos. Oren al Dios de la cosecha para que envíe más trabajadores a los campos.

Sandra Bustamante, Asociado Pastoral, Directora de Formación en la Fe.





Jesus is the way for you to go to heaven.
Through Jesus' love and forgiveness, you can be close to God. You can enjoy the many ways God takes care of you. God gives you people to love. God gives you food to eat. He gives you the Bible to read. Stay close to God through Jesus.



Jesus, thank you for helping me follow God.

4th Sunday of Easter • John 10:1-10



Make a sign for your bedroom door that says, "Jesus is the way to heaven."



Draw a picture of a sheep eating green grass.



Find the lamb that is different!











Everyone is welcome! Holy Mass (in Polish) at noon, followed by the blessing of motorcycles and a picnic on the shrine grounds (menu items and prices vary; food will also be available for purchase in the Millennium Hall). The gift shop will be open from 11 am to 2 pm.

Note: The event will be held rain or shine; motorcyclists who will not be attending Mass but would like to have their bikes blessed should plan to arrive at the shrine before 1:00 p.m. and park on the shrine grounds where space is available. The event is hosted by the Stowarzyszenie Rajd Katynski Pamiec i Tozsamosc USA (Katyn Riders Society)



SHARE YOUR PRAYER INTENTIONS WITH US

Prayer and trust in God's guidance of our work are fundamental



to all that we do. Email your prayer intentions to <u>partners@catholiccharities.net</u>. They will be brought to the St. Louise de Marillac Chapel at Catholic Charities' St. Vincent Center and included in all Masses and liturgical services.

The best way to keep up to date with us is to like "All Souls Catholic Parish" on Facebook. The page is updated regularly with news and helpful resources.



Catholic Charities Collection on Mother's Day

When Naya's* baby girl was born, she was over-joyed—but feeling isolated and nervous with a newborn. She enrolled in Catholic Charities' Arts of Living Institute which offers free home visits from a parent coach specializing in healthy child development and par-



enting techniques. Naya says, "It's a community...and a really good program to help guide the first few years of your child's life." Catholic Charities serves mothers like Naya throughout Cook and Lake counties every day. Please support the Second Collection on Mother's Day, May 14, or anytime at www.catholiccharities.net/donate.
*Name changed to protect privacy

The Music of Living Directed by Philip J. Bauman

American composer and a South Holland Master Chorale favorite, Dan Forrest has written an exuberant setting of a text teeming with joy and optimism of life, *The Music of Living*. This work is balanced with the gentle, unassuming, and beautifully lyrical setting of the *Requiem* text by Gabriel Faure. The concert concludes with Frank Ticheli's masterful setting of Sara Teasdale's lyric poem, *There Will Be Rest*, which looks to the stars for serenity and promise. We encourage you to invite friends, family members, and loved ones to this inspiring event.

Sunday, May 14, 2023, 4:00 p.m. St. Maria Goretti Catholic Church 500 Northgate Drive Dyer, IN

Sunday, May 21, 2023, 4:00 p.m. St. John the Evangelist Catholic Church 10701 Olcott Avenue St. John, IN



All Chorale concerts are free and open to the public. Free will donations are gratefully accepted. FMI, visit our website www.southhollandmaserchorale.org or email us at chorale@southholand.org.

TIBETAN SINGING BOWL SOUND MEDITATION WITH MARK BIEHL

Friday, May 5, 7:00 - 8:30 pm Fee: \$35

This is a complete immersion into the world of sound and vibration that will gently guide you into a state of heightened awareness and tranquility by merging



the vibrational energies of over twenty beautifully tuned Himalayan singing bowls, gongs, chimes, indigenous flutes and the voice. Let SANCTUARY offer you refuge for a more focused, peaceful and balanced life. Please dress casually and bring a yoga mat, blanket and pillow for your comfort. Zero gravity chairs need to be requested at registration. It is preferable not to eat for an hour prior. This event will be held at the Motherhouse auditorium.

Facilitator: Mark Biehl, CVSC, LSHC is a lifelong musician and composer. Mark is a Certified Vibrational Sound Coach and Licensed Spiritual Health Coach who has received training in Primordial Sound Meditation and traditional shamanic sound practices.

PORTIUNCULA CENTER FOR PRAYER

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ROOTED IN LOVE: FEEL WITH THE HEART Monday, May 8, 9:00 am-Noon Fee: \$25

In this session, participants will explore and engage in grounding exercises for calmness, space, and restoration. Exercises include forest bathing (weather permitting), journal prompts,

PROVIDENCE

Heartwork (doodle) journaling, and discussion about self-care practices. This morning is for "anyone wanting to strengthen their capacity to ride life's many ups and downs—with more steadiness, ease and a sense of groundedness." (Finding Calm, Sarb Johal]

Facilitator: DebraVinci-Minogue, an Associate Professor at Dominican University, is trained in Mindfulness Meditation (with Jack Kornfield and Tara Brach). She has recently been trained in Heartwork Journaling.

WOMEN'S SACRED CIRCLE via Zoom Monday, May 8, 7-8:30 p.m. Fee: Donation

You are invited to join a small group of women meeting virtually each month to support one another in their efforts to walk a spiritual path in the midst of the challenges of the times. During this virtual gathering women can ask the important questions, share pieces of their stories, and learn from each other's experience. The group provides welcome, interaction, connection, and a chance to be heard. A unique theme is offered each month to spark conversation.

Facilitator: Janice Keenan, OSF





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